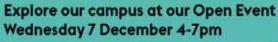
ARE VALLEY MAG

ovember 2022

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November is the ultimate 'preparation' month. We focus on getting ready for the festive season: Order coal and logs, bake Christmas cakes, pre order stand pies and meats from the local butcher, shop for gifts, book to attend the pantomime. These are all 'feel good' activities to help get us into the seasonal spirit.

Steels of Addingham have a selection of different types of holiday itineraries from an ultimate Christmas variety experience to an elegant Cumbrian excursion.

Why not get together with friends and enjoy a sumptuous curry at the Balti House in Keighley?

We hope your preparations all go to plan and you have a wonderful November.



Liz Barker, Editor





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Riddlesden Eco-Hub creates positive impact





Riddlesden Green Connection Community Café is open every second

Saturday of the month

I Oam - I pm

St Mary's Meeting Room,
Banks Lane
Riddlesden BD20 5PA

Help The Climate Emergency by: Insulating your home, reducing your meat and dairy intake, and conserving fuel use. These actions mirror the steps needed to survive a cost-of-living crisis too.

"Don't let anyone tell you it's too late – each 'Western' consumer has huge influence."

Since August 2021, the group has hosted experts and enthusiasts to 'show and tell' on each month's theme: Fairtrade, Renewables, Permaculture, Amazing local fungi from Phil and Creatures from a healthy river from Chris, Friends of the River Worth.

November 12th, Riddlesden Green Connection Community Café will be extending its opening times (10am until 13.00pm) in order to serve hot soup throughout the winter months.

Join in, volunteer, bring your ideas! You are most welcome.

Under the umbrella of St Mary's Church, Riddlesden, two local women successfully applied for a 'Climate Grant' from Bradford Council in 2021 to help create a monthly community Eco-Hub in the under utilised church meeting room. The idea was that, around a café space, people can discuss environmental issues, refill washing up bottles with eco liquids, (from lill Plastic Free Riddlesden) swap

people can discuss environmental issues, refill washing up bottles with eco liquids, (from Jill, Plastic Free Riddlesden) swap seeds, plants, books and pre-loved baby clothing, obtain information on local volunteering and other events, together with practical tips on a different 'green' themes each month.

The group welcomes suggestions and all~age participation.

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Contact: info@keighleytabletennis.co.uk for more information Keighley Table Tennis Centre, 2nd Floor, Keighley Business Centre, South Street BD21 1SY FREE Parking



My name is Andrea and I manage the Office Furniture Outlet, situated behind the college, on Dalton Lane in Keighley. I have been running the Outlet for over 13 years and with

over 20 years' experience in the industry you can be assured you will be receiving the best possible advice and customer service along with a warm friendly welcome smile from the team.

We have a 10,000 square foot showroom full of office furniture ranging from New, Used, factory seconds and end of line catalogue stock which includes multiple ranges of desks, storage units, meeting tables, filing cabinets, office chairs, meeting/visitor chairs and much much more. There is something for everyone here at the Outlet so we can cater for all your office needs whether it be a single desk or chair for the home office or a full office refurbishment - whatever the budget. NO job is too big or too small.

We also have our own fleet of transport and fitters who can **deliver and install** on site and we will even take the packaging away for you to save you the hassle.

So, if you are looking to upgrade - look no further than the Office Furniture Outlet.

We won't be beaten on price! For a FREE No obligation quote please contact Andrea on 01535 681111 or you can email me at andrea@officefurnitureoutlet. co.uk or check out our website www. officefurnitureoutlet.co.uk or why not call into our large fully stocked showroom and have a look around.

I would also like to give **a big thank you** to all my customers for the continued business over the years and I welcome new customers to the Outlet family.











around the corner. This year, as well as the Santa-focused "Elf Explorer" services, we are running over everpopular "Mince Pie Specials" of your own seat in the steam heated century of operation. carriages to create what we hope will become a new festive tradition.

tirelessly both in front of and behind the scenes to prepare and operate the

As we know from the rain and the festive services - it gives us so much chill in the air, it's definitely turning pleasure to see the beaming faces of autumnal and almost wintry... so it our passengers as they meet Santa or as seems a very good time to start looking they enjoy their mince pie and this year forward to some mulled wine. Yes, it's their mulled wine, and is a wonderful officially nearly Christmas. Ok, it's not appreciation of our many, many hours of really, because there are still nearly two volunteering effort. The effort continues months to go (as I will keep reminding all year round, with restoration and the grandchildren when they ask!), but maintainance work continuing on the in Railway planning terms, that is just fleet of locomotives and carriages and the Railway's infrastructure through the winter period. As an example, a significant amount of work is currently being undertaken at Keighley Station, from Boxing Day right through to 2nd so you may well find that we have had January, and we will also be hosting our to alter the means of accessing our new "Mulled Wine Specials" on platforms at various points over the select Fridays in December. The Mulled coming months, so please bear with us Wine specials will be accompanied by whilst we work with Network Rail to festive music, mulled wine, and a proper overhaul parts of the station's buildings mince pie served to you in the comfort to prepare the Railway for another half-

As ever, we will always be new members to the volunteer team, so please contact Our volunteers love the Christmas us if you would like to join us. In the period because - whilst it means that meantime, let me be one of the first to our team of 700+ work have to work wish you all the best for the festive season!

~ Matt Stroh

Keighley & Worth Valley Railway Chairman





MULLED WINE SPECIALS

MULLED WINE - FESTIVE JOURNEY - MINCE PIE

Friday 2nd, 9th & 16th of December



MINCE PIE SPECIALS

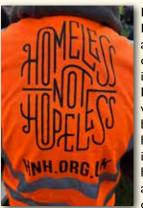
FESTIVE - FAMILIES - MINCE PIES - STEAM TRAINS 26th December till 2nd January

01535 645214

WORTH VALLEY

11

WWW.KWVR.CO.UK



Homeless Not Hopeless are a Keighley based charity that began in 2018 when Matthew Kiddle, who had himself been homeless, had a marvellous idea about how he could make a difference to other people's

lives. Matthew appealed on Facebook for volunteers to help him put his plan into action, and this led to 4 strangers meeting in a pub. Over the course of 4 years this has blossomed into a charity which feeds, clothes, offers advice and support to some of the most vulnerable people in the area. Tents, hot food, toiletries, sleeping bags, sandwiches, a food bank and hot drinks are all available every Wednesday night by the arches at Forster Square in Bradford.

Some people are grateful for a chat, some come for a hot meal and others for a pair of warm, waterproof boots. It really is the small things that make a difference. When you're at rock bottom, a small act of kindness is everything.

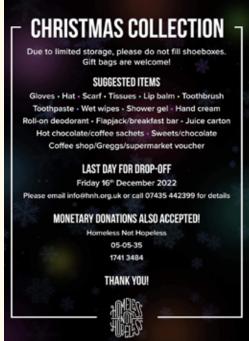
Everyone is welcome.

Entirely run and staffed by volunteers, and wholly dependent on donations, the charity has seen a sharp rise in the number of users throughout the year. There has also been a sharp decrease in the number of donations due to the economic climate. That is why we are making this request, particularly at this time of year when our thoughts turn towards Christmas and helping others. We run a Christmas Shoebox appeal, but this time we are just asking for the contents of the boxes which

our happy band of volunteers will pack themselves and even collect from you. So, if you, your business or your club would like to put a smile on someone's face this Christmas then look on the website to see what you can donate or look for us on Facebook @Homeless Not Hopeless Besides donations we are always on the lookout for volunteers to cook, volunteers to sort donations and volunteers to help on a Wednesday. Even an hour a week of your time would make a big difference to the support we can offer. Without our volunteers, and donations, we wouldn't be able to help anyone!

Finally, there is our legendary car boot sale for which we need top quality items to sell. Named, branded clothing and shoes gratefully accepted. Show someone some love this Christmas and get involved.

01535 442399 | info@hnh.org.uk | 07435 442399

















December 3rd to 5th

Join Steel's for this ever popular visit which includes ticket entry, luxury accommodation and excursion – a 3 day break!

The absolute ultimate Christmas musical variety experience - staging an eclectic blend of Christmas entertainment - dancing, live music and comedy.

Hosting a pageant of spectacular colours





and outfits with a cast of over 100 performers - it's a fast-moving celebration of the festive season featuring a mix of both seasonal and year-round favourites.

Where in the Aire Valley?

Where is the **red** X located in the photo to the right?

This month's prize is donated by Keighley Picture House: Family ticket

Email your answer including your name & address to:
mail@worthvalleymag.co.uk

The winner will be selected from all correct answers received by 20th November 2022



The October competition location was Taylored Dental Care in Keighley and the winner was Christine Crowther from East Morton.



Cumbrian Christmas – 23rd to 27th December

Why not let Steel's whisk you away over the festive period – a real tonic -

Not too far to travel but equally we take in the wintery postcard illuminated scenery of Cumbria, The Lake District and back down the Yorkshire Dales in our inclusive excursions.

Accommodated by our regular hosts in our homely hotel, with a touch of class and elegance – all Christmas fayre included – let others do the work whilst you sit back and enjoy the festivities!





Discover again Who are we?

Our Keighlev Denture Expert is

Joseph O'Reilly (Dip CDT RCS)

Joseph qualified from Leeds Dental Institute

as a dental technician and continued to do work for some of the UK's best surgeons. Through his constant passion for his work, he then enrolled for the prestigious Clinical Dental course at the School of Dentistry University of Central Lancashire in Preston. During this time, despite his tender years. his determination and focus pushed him to be recognised as one of the youngest qualified clinical technicians in the UK being awarded a Diploma from the Royal College of Surgeons Edinburgh. Joseph has a passion for the industry, his eye for detail and careful planning ensures only the best results, giving his patients peace of mind and great clinical results. He has now been creating smiles for over 18 years He is currently working closely with Taylored Dental Care in Keighley.

Assessing patients who have had problems with their dentures and providing them with options to correct these.



How can we help you?

Technology has moved on massively over the last few tears as far as dentures are concerned. The fact is, you don't have to suffer badly designed or ill fitting dentures anvmore.

However, replacing your teeth is more than trusting someone with your smile. Your appearance and the way people perceive you is also at stake.

Joseph creates dentures which can offer the dual effect of restoring your smile and correcting the proportions of your face. He can add volume to your lower face and upper lip region to achieve a more natural, youthful look. Everyone is different, so your dentures are influenced by your age, personality and gender to ensure they look perfectly natural. Joseph will discuss your individual needs and the best choices available before providing you with the information you require to determine what is right for you.

The smallest alteration can make the biggest change and Joe is committed to providing the highest level of care, quality materials and the latest digital technology to achieve the best results for you.

Joseph's ambition is also his craft, creating lifelike smiles through dentures and implant supported prosthesis.

Everybody has the right to smile!



Denture Problems Look no further...

Would you like to be more confident? Do you suffer from denture discomfort? Loose or ill-fitting dentures? Afraid to smile?











With our clinical denture expert Joseph O'Reilly who has restored thousands of smiles - you're sure to feel more confident and be you again.

From Frustration to Clarity

One of our lovely transformation cases. Patient LS struggled for years. Aesthetics were compromised along with facial support looking very strained. With our Diamond range of dentures, aesthetics were restored with full facial support in the correct position.

"I have finally got my confidence back, I never imagined I could smile like this. Thank you My Denture Clinic"







Eat and smile again with confidence

Millions of people are missing one or multiple teeth, requiring the use of removable dentures or bridgework. Many people struggle with loose fitting teeth. If you have this problem you already know the embarrassment of eating and smiling in public. TeethXpress can restore the ability to eat your favourite foods and to smile again!.

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Every second Saturday of a month 10 - 12am Riddlesden Green Connection Community Cafe St

Mary's Meeting Room, Banks Lane BD20 5PA. Eco liquid refills, book swap and cafe every time. **November 12th, Alternative giving and Green Money.**

The Shed Cliffe Castle every Tues, Weds & Thurs 10am - 4pm.

Morton WI every second Tuesday evening each month. Social evening with refreshments at the Institute in East Morton 7:20 pm.

Every Weds Ipm - 3pm Knit & Knatter at Keighley Library All Welcome.

Mondays I - 3pm Keighley
Tea Dance at the Civic Hall
3rd Sunday of a month is the
Artisan Markets at Haworth
Central Park I0 am - 3pm.
Sat 5th Nov & 3rd Dec I0Im - 2pm
Bingley Farmers Market Bingley
Town Square

Sun 6th Nov I 0am - 4pm Airedale
Outdoor Winter Market at Airedale
Hospital, Steeton.

Sun 6th Nov II am - 5pm Steeton
Hall Chrismas Market. Steeton
Sun 6th Nov IO -4 pm Skipton
Artisan Market at Skipton Canal Basin.
Thurs IOth Nov in East Morton Primary
School 7.30- 10pm Boutique Heaven.

Lots of stalls to assist your Christmas shopping, clothes, jewellery, beauty etc. Tickets £10 inc. a glass of prosecco and nibbles. Contact Gill Clarke 07954 052705

Sat 12th & Sun 13th Nov 10am

to 4pm Haworth & Yorkshire

Creatives at The Old School Rooms, Haworth

Thurs 17th Nov 7.30pm The Bronte Men talk at the Bronte Parsonage.

Sun 20th Nov Keighley Ramblers
Saltaire, Shipley Glen & Five rise locks.
Moderate 8 miles. Meet 10.30am at the
bottom of Beckfoot Lane, Bingley.
www.ramblers.org.uk/keighley

Sun 20th Nov 10 -4 pm Christmas
Fair & Makers Market at the Glusburn
Institute.

Sun 20th Nov 2pm Music at the Museum Haworth Ukulele Group, Cliffe Caste. Keighley

Sat 26th Nov onwards Elf Explorer on the KWVR Sat 26th Nov and onwards Father Christmas is at Bolton Abbey to book visit www.boltonabbey.com.

Sat 26th 12pm Santa Park Run Haworth

Sat 26th & Sun 27th Nov Sparkling Haworth, Main Street music along the cobbles all weekend.

Sun 27th Nov Keighley Christmas Light switch on and Christmas markets. Sun 27th Nov 6.30pm Saltaire Lights switch on at the Victoria Hall. Sat 3rd & Sun 4th Dec Haworth Torchlight Procession Weekend.

As the sun sets the torchlight procession begins. When the band strikes up and the carols begin the procession slowly winds its way up the Main Street.

Sat 3rd Dec 9am - 12noon
Christmas Craft Fair at Riddlesden
U.R.C Bar Lane Free Admission. Enjoy
browsing the many stalls.

Come and share our love of walking

Join us! We're sure you will feel much better for getting out in the fresh air.





Creative Workshop Providence Lane Oakworth, BD22 7QS

What's on

Upholstery classes: Wed, Thurs & Fri. Starting from 2nd Nov & 4th Jan. Rush seat weaving: Sat 12th Nov



Tutor: Sheonagh
Winterborne.
Getting to know
your sewing
machine & Make a
cushion cover:
Sat 19th Nov &
Jan 28th
Tutor: Kate Ryan

Christmas Wreath making: Sat 3rd & 10th Dec. Tutor: Heidi Canon.

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With festive gatherings ahead here is a simple no bake recipe from the masterful Ottolenhi kitchen, It's a real crowd pleaser and something the whole family will enjoy. You can get creative and switch up the type of biscuits, substitute other extracts or add dried fruits. Enjoy!

INGREDIENTS

90g unsalted butter, cut into 2cm cubes 100g dark chocolate, roughly chopped 130g milk chocolate, roughly chopped 30g golden syrup

I tsp vanilla bean paste, or vanilla extract 75ml whole milk

I tbsp espresso or strong brewed coffee 200g ginger nut biscuits, roughly chopped 100g pecans, roasted, salted and roughly chopped

15g icing sugar

METHOD

I. Set a heatproof bowl over a pan of gently simmering water on a medium-low heat. Add the first five ingredients and cook,

stirring every now and then, until melted and combined. Remove from the heat and stir in the milk and coffee until smooth. Fold in the biscuits and nuts, then transfer to the fridge for 25 minutes, until cooled but not set.

2. Get ready a large sheet of greaseproof paper, and spoon the cooled chocolate mix on to it. Use the paper to help you roll out the chocolate into a 30cm-long x 6cm-wide log or salami shape. Twist the ends of the paper to enclose the chocolate mix, then put on a tray and refrigerate until set - about five hours. Remove from the fridge a few times during that period, and roll the salami again in its paper wrapping, so it keeps its rounded shape.

3. Sift half the icing sugar on to a large piece of greaseproof paper, then unwrap the log directly on to it. Sift the remaining sugar on top of the salami, then use your hands to rub the icing sugar all over the sides. Arrange on a wooden board, cut into slices and serve.

https://ottolenghi.co.uk



Festive late night opening at the Brontë **Parsonage** Museum

Thursday 1 December

Museum and shop open until 7pm. Free entry after 5pm for residents of BD20, BD21 and BD22. Last admission 6pm.

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Sudoku

1	9							3
			7		1			
8		7	6	2	3		5	
5		4		1	8	6		7
		8				5		
9		3	5	6		2		8
	8		9	3	6	1		2
			8		7			
7							8	5

9		7			8	5		
			9	1				7
	4		2				6	
	9			5	6	1		
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The Purpose of the Purple Poppy



The purple poppy has long been a symbol of remembrance for animals but until recently was little known compared to the traditional red poppy. Many millions of animals have served us over the years, and many continue to serve us still, yet for far too long their efforts have been overlooked. That is why,

been overlooked. That is why, seven years ago, Murphy's Army took on the role of Ambassadors of Animal Remembrance in

the UK and launched their Purple Poppy Campaign. Their aim was to bring to the public's attention the contributions made by animals in service, and to ensure that they were remembered too.

Animals have played a vital role in conflicts over the years, working alongside their human counterparts, often in harrowing conditions, yet each showing incredible loyalty and bravery.

During the First World War Britain conscripted over one million horses, mules, and donkeys. These animals played a crucial part in the war effort and it's unlikely the Army would have functioned without them. They pulled heavy artillery, transported supplies, weapons, and ammunition to the frontline where roads had been replaced with mud. They carried wounded and dying soldiers to hospital, and were vital in the cavalry, and as officer's mounts. But the price they paid was high. Many succumbed to fatigue and exhaustion, many were killed by artillery fire, mines, or poisoned by gas, and many caught in barbed wire and too severely injured to be saved. Of the million deployed only some sixty thousand returned. Around 50,000 dogs were also brought into Service during that time. Many were given formal training in specialised roles, resulting in thousands of lives being saved. One of these roles was as a Red Cross, or 'mercy' dog. Carrying medical supplies and water, the dogs headed out to the battlefield to find

wounded or dying soldiers. They were taught only to recognise their own troops, and to ignore those who had already passed away. They enabled lightly injured soldiers to treat their own wounds and led them safely back to base.

In more recent times numbers have declined significantly, yet thousands of animals remain in service. Working alongside our Armed Forces, Emergency Services, Prison Officers, Border Control, Search & Rescue, and other specialised teams they continue to protect and defend us.

www.theyalsoserved.org

Facebook: Murphy's Army Purple Poppy Campaign

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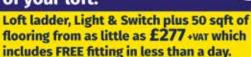
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Here's a great way to make more storage space...

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Yorkshire Loft Ladders, Quality You Can Trust

These days most homeowners suffer from a lack of storage space. So many precious items that need to be kept - but where to store it all? That's where Yorkshire Loft Ladders come in. The company, based locally, offers homeowners the opportunity to maximise their storage space with a loft ladder, 50 sq ft of boarding and a light all fully fitted in less than a day from just £277 + VAT. But it's not just the affordability of the package the company offers that makes Yorkshire Loft Ladders stand out as manager Mark Hodson explains: 'Our watchwords are Quality,

Integrity and Value. Quality in the materials that we use for all our installations and the fact that all our loft packages are fitted by time served tradesman so our customers are assured of the best job. Integrity in that we will tum up at the time we say and make sure the house is spotless when we leave, and Value in that we offer our services at a price people can afford. Our business relies on referrals and we get a huge

amount of our calls from people who have been referred to us by our existing customers - that simply wouldn't happen if we didn't adhere to our oveniding principles.

At the end of the day the old adage that happy customers lead to more happy customers is true and we work hard to make that happen for every installation we carry out!'

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